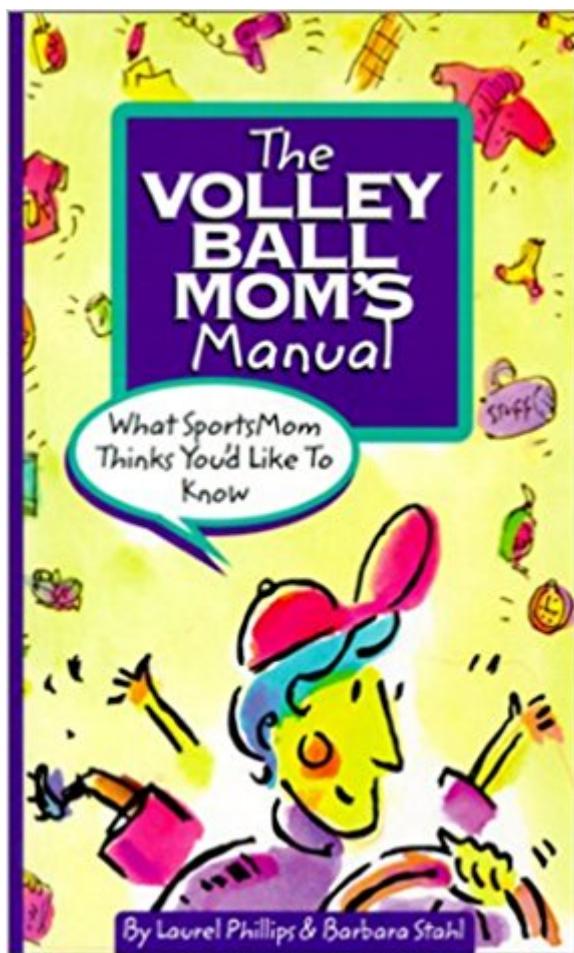


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# The Volleyball Mom's Manual: What SportsMom Thinks You'd Like To Know (SportsMom Sports Manual)



## Synopsis

So, you thought that youth volleyball would only impact your child's life. Yep, we thought that too. Help is here! The Volleyball Mom's Manual spells out what you need to know about your child's sports experience, including: \* the time, money, and equipment it takes \* which rules may trigger controversy \* the care and feeding of young athletes \* the behavior that's expected (yours), and \* what's ahead as your child gets older Written for moms by moms, this hand how-to is a "heads-up" that can make your child's volleyball experience a better one for your athlete, your family, and you.

## Book Information

Series: SportsMom sports manual

Paperback: 102 pages

Publisher: 307 Books (October 2000)

Language: English

ISBN-10: 0965944514

ISBN-13: 978-0965944519

Product Dimensions: 7 x 4.2 x 0.3 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #1,997,675 in Books (See Top 100 in Books) #143 inÂ Books > Sports & Outdoors > Other Team Sports > Volleyball #3344 inÂ Books > Parenting & Relationships > Family Relationships > Motherhood #18748 inÂ Books > Politics & Social Sciences > Women's Studies

## Customer Reviews

I have been a club volleyball coach for going on six years now, and a club director for almost three years. I have been answering the same questions from parents for years. Mostly about how club volleyball works and how their kids can get the most out of the experience. Now there is a book that can answer most of those questions in an intelligent manner. The book is not actually a how to guide but it is close enough. Some of the stuff that I talk to my club team parents about, such as nutrition, preparing for the tournaments, how to mentally prepare kids for tryouts, how to deal with the stress of competition, the kind of equipment to buy, what to look for when shopping for a club and a coach, etc. are all in this book. The authors also attempt to deal with the rules of the game. Although the book is brand new for 2000, it is also a tad out of date for this upcoming year. The libero rule and other rule changes being integrated into the USAV rules were not touched on. In a way this book is somewhat minimalist in that it deals only with the basics, but that is more than

enough for most parents or players. I would have like to have seen more on how to prepare kids for club recruiting, or the peer pressures that comes from the experience, and the competition for players from the different clubs. The book touches on some aspects of college recruiting, not really enough to prepare the parents for the onslaught, but they do mean well. The authors does a generally good job of differentiating between the different levels of competition, but I think they really need to emphasize the difference between a traveling team and a local team. Another issue that is ignored is the level of coaching and how to identify good coaches versus bad coaches.

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